
Family Wellness Series

~Survival Skills for Healthy Families~

Mission:

Through an 8-week series, Family Wellness works to empower people to manage their families in healthy ways through teaching practical skills based on proven principles that strengthen, support, and increase confidence within family systems.

Dates & Times:

Tuesday, July 5th @ 5:00-7:00 PM
Tuesday, July 12th @ 5:00-7:00 PM
Tuesday, July 19th @ 5:00-7:00 PM
Tuesday, July 26th @ 5:00-7:00 PM
Tuesday, August 2nd @ 5:00-7:00 PM
Tuesday, August 9th @ 5:00-7:00 PM
Tuesday, August 16th @ 5:00-7:00 PM
Tuesday, August 23rd @ 5:00-7:00 PM

Location:

777 Sinclair Street, Reno NV 89501
Community Education Room

Registration:

Cost is free
Children 5+ are welcome to attend
Registration deadline: Friday, 7/1/2022
Please register: LDettelback@childrenscabinet.org or 775-789-4342

