



# Parent Education Opportunities

4/1/2025 through 6/30/2025

Parenting support classes and workshops help families build and maintain healthy relationships, as well as promote a better future for your child. The Children's Cabinet offers these classes at no cost to families. Spanish classes are also available. Classes are for adults unless otherwise stated. PLEASE NOTE: Workshop dates, times, and locations are subject to change. Participants will be notified if changes are made.

## April 2025

**Class:** I'm Ready for K: Social Studies & Social Emotional **ClassID:** 3109

**Location:** Family 2 Family Connection: 3900 Cambridge Street, Ste 107, Las Vegas, NV **# sessions in class:** 1

**Start Date:** 4/1/2025 **Start Time:** 10:30 AM **End Time:** 11:30 AM **All session dates:** 04/01/25

Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.

**Class:** Cunas Para Niños **ClassID:** 3205

**Location:** The Cabinet: Decatur Office: 5905 South Decatur Blvd, Ste 13, Las Vegas NV **# sessions in class:** 1

**Start Date:** 4/1/2025 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 04/01/25

Cunas para Niños es una clase para mujeres embarazadas en el tercer trimestre y padres de un bebé menor de seis meses. Los participantes aprenderán sobre la importancia de las practicas seguras para dormir a su bebé. Al completar el entrenamiento de una hora y media, los participantes recibirán un corralito y otros suministros para su bebé.

**Class:** The Parent's Toolbox **ClassID:** 3224

**Location:** The Children's Cabinet: Reno Office: 1090 S. Rock Blvd, Reno, NV **# sessions in class:** 1

**Start Date:** 4/1/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 04/01/25

Building a healthy happy home takes work. Learn which tools you need in your toolbox to be an effective parent. If you use the right tools, you can prevent problems before they happen, by building a great foundation and developing cooperation.

**Class:** Cribs for Kids **ClassID:** 3167

**Location:** Decatur Office: 5905 South Decatur Blvd, Ste 13, Las Vegas NV **# sessions in class:** 1

**Start Date:** 4/3/2025 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 04/03/25

A 1.5 hour parenting class on the importance of understanding safe sleep practices to reduce the risk of Sudden Unexpected Infant Deaths (SUID) which includes SIDS and preventable deaths, like suffocation and strangulation, in bed.

**Class:** I'm Ready for K: Creative Expression **ClassID:** 3110

**Location:** Family 2 Family Connection: 3900 Cambridge Street, Ste 107, Las Vegas, NV **# sessions in class:** 1

**Start Date:** 4/8/2025 **Start Time:** 10:30 AM **End Time:** 11:30 AM **All session dates:** 04/08/25

Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.

**Class:** Cognitive Development for Infants and Toddlers **ClassID:** 3225

**Location:** LIVE ONLINE WEBINAR **# sessions in class:** 1

**Start Date:** 4/8/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 04/08/25

Cognitive Development is the process in which our brains develop over time. During the first 3 years of life, the brain goes through rapid growth and change. In this class we will talk about how a baby's brain develops from womb until the age of 3 and beyond. As the caregiver, you can be an active part of your child's brain development and will learn strategies to do so. (This is a 2-hour program intended for those parenting children ages 0-3 years.)

**Class:** Cooperative Parenting after Divorce and Separation **ClassID:** 3245

**Location:** The Children's Cabinet: Reno Office: 1090 S. Rock Blvd, Reno, NV **# sessions in class:** 4

**Start Date:** 4/8/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 04/08/25; 04/15/25; 04/22/25; 04/29/25

Cooperative parenting requires good communication skills and a willingness to place your child's interests first. In addition to communication, we will discuss avoiding power struggles, managing anger, and conflict resolution. In completing these classes, you will have the tools to effectively coparent, providing support and care for your children. (This is an 8-hour program over the course of 4 two-hour sessions, intended for those parenting children of all ages.)

**Class:** I'm Ready for K: Physical Development & Health **ClassID:** 3111

**Location:** Family 2 Family Connection: 3900 Cambridge Street, Ste 107, Las Vegas, NV **# sessions in class:** 1

**Start Date:** 4/15/2025 **Start Time:** 10:30 AM **End Time:** 11:30 AM **All session dates:** 04/15/25

Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.

**Class:** How to Make Meaningful Family Conections Using Media and Tech **ClassID:** 3240

**Location:** LIVE ONLINE WEBINAR **# sessions in class:** 1

**Start Date:** 4/15/2025 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 04/15/25

This session introduces parents and caregivers of children 0 to 8 years old to the benefits of co-using media with their children and teaches them questioning strategies to strengthen important early childhood skills.

This workshop will help parents and caregivers:

Identify the different types of media: passive, interactive, and creative.

Brainstorm ideas for creating a positive and educational co-viewing/co-playing experience.

Learn discussion strategies to use with their kids when using media to help bond, draw connections, share ideas, and express their feelings.

**Class:** Introduction to Autism 1 & 2 **ClassID:** 3227

**Location:** LIVE ONLINE WEBINAR **# sessions in class:** 2

**Start Date:** 4/16/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 04/16/25; 04/23/25

This "Introduction to Autism" 2-part series provides a foundational understanding of Autism Spectrum Disorder (ASD), covering its characteristics, diagnosis, and various approaches to support children with ASD, focusing on practical applications and evidence-based strategies. (This webinar series is for informational purposes only and does not diagnose any general or specific disorders, nor provide recommended treatments.)

**Class:** I'm Ready for K: Science **ClassID:** 3209

**Location:** Stupack Community Center: 251 W. Boston Ave, Las Vegas, NV **# sessions in class:** 1

**Start Date:** 4/17/2025 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 04/17/25

Únase a nosotros para disfrutar de juegos y aprendizaje llena de diversión. La clase está diseñada especialmente para usted y sus hijos. Los padres aprenderán cómo ayudar a sus hijos a adquirir las habilidades necesarias para el Kinder. La serie "Estoy Listo Para el Kinder" está diseñada para padres con niños de 3 a 5 años. Esta clase está abierta a familias con sus hijos.

- Class:** **Nurturing Minds, Shaping Identities: Vroom's Early Brain & Identity Development** **ClassID: 3241**  
**Location:** Nevada Strong Start Child Care Services Center: 961 Matley Lane Suite 110 **# sessions in class:** 1  
**Start Date:** 4/17/2025 **Start Time:** 6:00 PM **End Time:** 7:30 PM **All session dates:** 04/17/25  
 This training explores key stages of early brain development and the vital role of identity formation in childhood. Participants will deepen their understanding of how early experiences shape both cognitive growth and self-identity while gaining practical resources to support healthy identity development in young children.
- Class:** **I'm Ready for K: Math** **ClassID: 3169**  
**Location:** Aliante Library: 2400 W. Deer Springs Way, North Las Vegas, NV **# sessions in class:** 1  
**Start Date:** 4/21/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 04/21/25  
 Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.
- Class:** **Cunas Para Niños** **ClassID: 3206**  
**Location:** Anthem Wellness Center: 2348 East Bonanza Rd. Las Vegas, NV **# sessions in class:** 1  
**Start Date:** 4/25/2025 **Start Time:** 12:00 PM **End Time:** 1:30 PM **All session dates:** 04/25/25  
 Cunas para Niños es una clase para mujeres embarazadas en el tercer trimestre y padres de un bebé menor de seis meses. Los participantes aprenderán sobre la importancia de las practicas seguras para dormir a su bebé. Al completar el entrenamiento de una hora y media, los participantes recibirán un corralito y otros suministros para su bebé.
- Class:** **I'm Ready for K: Science** **ClassID: 3170**  
**Location:** Aliante Library: 2400 W. Deer Springs Way, North Las Vegas, NV **# sessions in class:** 1  
**Start Date:** 4/28/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 04/28/25  
 Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.
- Class:** **The Early Childhood Conversation about LGBTQIA** **ClassID: 3243**  
**Location:** LIVE ONLINE WEBINAR **# sessions in class:** 1  
**Start Date:** 4/28/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 04/28/25  
 This program provides a frank discussion of LGBTQIA children and their development; the effects on parenting, as well as providing a clearer understanding of your child's gender developmental milestones, including basic definitions of the LGBTQIA community, and parenting strategies to support your child as they develop into self-assured, confident adults. (This 2-hour class is intended for those parenting children of all ages.)
- Class:** **VROOM** **ClassID: 3179**  
**Location:** Aliante Library: 2400 W. Deer Springs Way, North Las Vegas, NV **# sessions in class:** 1  
**Start Date:** 4/29/2025 **Start Time:** 11:00 AM **End Time:** 12:30 PM **All session dates:** 04/29/25  
 VROOM reinforces the knowledge of early brain development, teaches how to turn everyday moments into brain building moments, and encourages participants to have fun while trying some Vroom Tips. Each activity session is designed for children ages 1-5 years old.

**Class:** I'm Ready for K: Language & Literacy

**ClassID:** 3171

**Location:** Aliante Library: 2400 W. Deer Springs Way, North Las Vegas, NV

**# sessions in class:** 1

**Start Date:** 5/5/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 05/05/25

Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.

**Class:** I'm Ready for K: Math

**ClassID:** 3189

**Location:** Alexander Library: 1755 W. Alexander Rd, North Las Vegas, NV

**# sessions in class:** 1

**Start Date:** 5/6/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 05/06/25

Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.

**Class:** Cunas Para Niños

**ClassID:** 3207

**Location:** The Cabinet: Decatur Office: 5905 South Decatur Blvd, Ste 13, Las Vegas NV

**# sessions in class:** 1

**Start Date:** 5/6/2025 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 05/06/25

Cunas para Niños es una clase para mujeres embarazadas en el tercer trimestre y padres de un bebé menor de seis meses. Los participantes aprenderán sobre la importancia de las practicas seguras para dormir a su bebé. Al completar el entrenamiento de una hora y media, los participantes recibirán un corralito y otros suministros para su bebé.

**Class:** Vroom's Brain Building Basics Made Simple: Everyday Strategies for Parents

**ClassID:** 3229

**Location:** Nevada Strong Start Child Care Services: 961 Matley Lane Suite 110, Reno NV

**# sessions in class:** 1

**Start Date:** 5/8/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 05/08/25

Discover how Vroom's Brain Building Basics can turn everyday moments into powerful learning opportunities! This training will explore the science behind early brain development, its impact on school readiness, and how simple, engaging interactions strengthen your child's growth and your bond. Practical strategies and resources included!

**Class:** I'm Ready for K: Social Studies & Social Emotional

**ClassID:** 3172

**Location:** Aliante Library: 2400 W. Deer Springs Way, North Las Vegas, NV

**# sessions in class:** 1

**Start Date:** 5/12/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 05/12/25

Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.

**Class:** Positive Solutions for Families: Behavior has Meaning

**ClassID:** 3230

**Location:** LIVE ONLINE WEBINAR

**# sessions in class:** 1

**Start Date:** 5/12/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 05/12/25

Participants will discover the importance of routines and how to set them up for family success. This class provides an introduction to the Family Routine Guide and helps to identify strategies for making transitions successful. Learn how to plan for when routines go well.

**Class:** Circle of Security Parenting **ClassID:** 3248

**Location:** The Children's Cabinet: Sinclair Office: 777 Sinclair St, Reno, NV 89501 **# sessions in class:** 8

**Start Date:** 5/12/2025 **Start Time:** 5:30 PM **End Time:** 7:00 PM **All session dates:** 05/12/25; 05/19/25; 06/02/25; 06/09/25;

This parenting class is targeted at caregivers of young children (4mo to 6 years), but caregivers of children of all ages are welcome. This is an attachment-based program that helps caregivers to better understand your children's needs and how to support them as they are experiencing both helpful and challenging behaviors. We focus on building a stable and secure relationship by learning how to balance being Bigger, Stronger, Wiser and Kind. Attendance to all classes is required (5/12, 5/19, 6/2, 6/9, 6/16, 6/23, 6/30 & 7/7).

**Class:** I'm Ready for K: Science **ClassID:** 3190

**Location:** Alexander Library: 1755 W. Alexander Rd, North Las Vegas, NV **# sessions in class:** 1

**Start Date:** 5/13/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 05/13/25

Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.

**Class:** Active Parenting First Five Years: You and Your Child **ClassID:** 3226

**Location:** The Children's Cabinet: Reno Office: 1090 S. Rock Blvd, Reno, NV **# sessions in class:** 1

**Start Date:** 5/13/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 05/13/25

The first five years of a child's life are critical to their development. There are many influences on a child's development, but the first and most fundamental is the child's parent or caregiver. During Active Parenting: First Five Years, we will explore the various stages of child development from birth to age 5, styles of parenting, and help parents and caregivers understand the importance of building a parent/child bond, play and self-care.

**Class:** Understanding ADD & ADHD in Children **ClassID:** 3232

**Location:** LIVE ONLINE WEBINAR **# sessions in class:** 1

**Start Date:** 5/14/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 05/14/25

This informative webinar provides caregivers with a better understanding of attention disorders in children, recognizing the symptoms of inattentiveness and impulsivity, and specific strategies to help their child. (This webinar is for information purposes only and does not diagnose any general or specific disorders, nor provide recommended treatments.)

**Class:** Cribs for Kids **ClassID:** 3181

**Location:** The Cabinet: Decatur Office: 5905 South Decatur Blvd, Ste 13, Las Vegas NV **# sessions in class:** 1

**Start Date:** 5/15/2025 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 05/15/25

A 1.5-hour parenting class on the importance of understanding safe sleep practices to reduce the risk of Sudden Unexpected Infant Deaths (SUID) which includes SIDS and preventable deaths, like suffocation and strangulation, in bed.

**Class:** Cribs for Kids **ClassID:** 3242

**Location:** Nevada Strong Start Child Care Services Center: 961 Matley Lane Suite 110 **# sessions in class:** 1

**Start Date:** 5/15/2025 **Start Time:** 5:00 PM **End Time:** 6:00 PM **All session dates:** 05/15/25

A one-hour parenting class on the importance of understanding safe sleep practices to reduce the risk of Sudden Unexpected Infant Deaths (SUID) which include SIDS and preventable deaths, like suffocation and strangulation, in bed.



- Class:** **VROOM** **ClassID:** **3182**  
**Location:** Alexander Library: 1755 W. Alexander Rd, North Las Vegas, NV **# sessions in class:** 1  
**Start Date:** 5/16/2025 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 05/16/25  
Reinforces the knowledge of early brain development, teaches how to turn everyday moments into brain building moments, and encourages participants to have fun while trying some Vroom Tips. Each activity session is designed for children ages 1-5 years old.
- Class:** **I'm Ready for K: Creative Expression** **ClassID:** **3173**  
**Location:** Aliante Library: 2400 W. Deer Springs Way, North Las Vegas, NV **# sessions in class:** 1  
**Start Date:** 5/19/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 05/19/25  
Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.
- Class:** **Toxic Stress and Child Development** **ClassID:** **3239**  
**Location:** LIVE ONLINE WEBINAR **# sessions in class:** 1  
**Start Date:** 5/19/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 05/19/25  
A child's earliest years are the most crucial for brain development. However, daily stressful environments can negatively affect their emotional, social, and physical development. This program shows how stress can affect brain development, while helping you identify children who might be unsafe, and the steps taken when suspicion arises. (This is a 2-hour program intended for those parenting children of all ages.)
- Class:** **I'm Ready for K: Language & Literacy** **ClassID:** **3191**  
**Location:** Alexander Library: 1755 W. Alexander Rd, North Las Vegas, NV **# sessions in class:** 1  
**Start Date:** 5/20/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 05/20/25  
Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.
- Class:** **Active Parenting First Five Years: Preventing Problems from Escalating** **ClassID:** **3228**  
**Location:** The Children's Cabinet: Reno Office: 1090 S. Rock Blvd, Reno, NV **# sessions in class:** 1  
**Start Date:** 5/20/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 05/20/25  
In this class, parents and caregivers will start to understand basic brain development in early childhood. They will learn how to identify ways of preventing accidents and problems. They will also learn the difference between discipline and punishment and understand the importance of routines and expressing affection to children.
- Class:** **Active Parenting First Five Years: Encouraging Positive Behavior** **ClassID:** **3231**  
**Location:** The Children's Cabinet: Reno Office: 1090 S. Rock Blvd, Reno, NV **# sessions in class:** 1  
**Start Date:** 5/27/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 05/27/25  
Caregivers often need reassurance whenever correcting a young child's misbehavior. In Active Parenting: The First Five Years, we explore ways to enhance your skills by providing activities supporting positive discipline techniques (e.g., giving simple choices, following through with logical consequences, and offering forgiveness).

**Class:** I'm Ready for K: Physical Development & Health **ClassID:** 3174

**Location:** Aliante Library: 2400 W. Deer Springs Way, North Las Vegas, NV **# sessions in class:** 1

**Start Date:** 6/2/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 06/02/25

Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.

**Class:** I'm Ready for K: Social Studis & Social Emotional **ClassID:** 3192

**Location:** Alexander Library: 1755 W. Alexander Rd, North Las Vegas, NV **# sessions in class:** 1

**Start Date:** 6/3/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 06/03/25

Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.

**Class:** Cunas Para Niños **ClassID:** 3208

**Location:** The Cabinet: Decatur Office: 5905 South Decatur Blvd, Ste 13, Las Vegas NV **# sessions in class:** 1

**Start Date:** 6/3/2025 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 06/03/25

Cunas para Niños es una clase para mujeres embarazadas en el tercer trimestre y padres de un bebé menor de seis meses. Los participantes aprenderán sobre la importancia de las practicas seguras para dormir a su bebé. Al completar el entrenamiento de una hora y media, los participantes recibirán un corralito y otros suministros para su bebé.

**Class:** Active Parenting First Five Years: Stimulating School Readiness **ClassID:** 3233

**Location:** LIVE ONLINE WEBINAR **# sessions in class:** 1

**Start Date:** 6/3/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 06/03/25

Derived from the critically-acclaimed Active Parenting: The First Five Years, this class will discuss and provide activities to prepare your young child for both preschool and kindergarten. We will also explore the importance of limiting screen time, building social skills, stimulating independence, and co-reading together.

**Class:** Cribs for Kids **ClassID:** 3184

**Location:** The Cabinet: Decatur Office: 5905 South Decatur Blvd, Ste 13, Las Vegas NV **# sessions in class:** 1

**Start Date:** 6/5/2025 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 06/05/25

A 1.5-hour parenting class on the importance of understanding safe sleep practices to reduce the risk of Sudden Unexpected Infant Deaths (SUID) which includes SIDS and preventable deaths, like suffocation and strangulation, in bed.

**Class:** Making Meaningful Family Connections Using Media and Technology **ClassID:** 3220

**Location:** LIVE ONLINE WEBINAR **# sessions in class:** 1

**Start Date:** 6/5/2025 **Start Time:** 6:00 PM **End Time:** 7:30 PM **All session dates:** 06/05/25

This session introduces parents and caregivers to the benefits of co-using media with their children and teaches them questioning strategies to strengthen important early childhood skills. This workshop will help parents and caregivers identify the different types of media, brainstorm ideas for creating a positive and educational co-viewing/co-playing experience, and learn discussion strategies to use with their kids when using media to help bond, draw connections, share ideas, and express their feelings. (This program is intended for those parenting children ages 0-8 years.)

- Class:** Parent Education Summit **ClassID:** 3244  
**Location:** Nevada Strong Start Child Care Services: 961 Matley Lane Suite 110, Reno NV **# sessions in class:** 6  
**Start Date:** 6/7/2025 **Start Time:** 8:30 AM **End Time:** 2:30 PM **All session dates:** 06/07/25  
 This Parent Education Summit is an opportunity for parents and caregivers to obtain 6-credit hours of learning in one day. Topics may include the following: Positive Discipline, Parent's Toolbox, Sibling Rivalry, Cribs for Kids, ADHD.  
 \*\*4 de las clases se proveeran en Espanol.\*\*
- Class:** Positive Solutions for Families #5: Teach Me What to Do! **ClassID:** 3235  
**Location:** The Children's Cabinet: Reno Office: 1090 S. Rock Blvd, Reno, NV **# sessions in class:** 1  
**Start Date:** 6/9/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 06/09/25  
 This session centers on equipping families with the tools to teach children about emotions and feelings, how to manage anger, and how to solve problems constructively.
- Class:** I'm Ready for K: Creative Expression **ClassID:** 3193  
**Location:** Alexander Library: 1755 W. Alexander Rd, North Las Vegas, NV **# sessions in class:** 1  
**Start Date:** 6/10/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 06/10/25  
 Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.
- Class:** Cómo Usar los Medios y la Tecnología para Reforzar los Lazos Familiares **ClassID:** 3221  
**Location:** LIVE ONLINE WEBINAR **# sessions in class:** 1  
**Start Date:** 6/10/2025 **Start Time:** 6:00 PM **End Time:** 7:30 PM **All session dates:** 06/10/25  
 Este taller presenta a los padres y cuidadores de niños de cero a ocho años los beneficios de usar los medios con sus hijos y les enseña estrategias para hacerles preguntas para fortalecer habilidades importantes en esas edades.  
 Este taller ayudará a los padres y cuidadores a:  
 Identificar los diferentes tipos de medios: pasivos, interactivos y creativos.  
 Pensar en ideas para crear experiencias de juego y entretenimiento en conjunto, positivas y educativas.  
 Aprender estrategias de conversación para utilizar con sus hijos cuando usen los medios, para reforzar lazos emocionales, establecer conexiones, compartir ideas y expresar sus sentimientos (fortalecer las habilidades para la vida).
- Class:** Understanding Sibling Rivalry **ClassID:** 3237  
**Location:** The Children's Cabinet: Reno Office: 1090 S. Rock Blvd, Reno, NV **# sessions in class:** 1  
**Start Date:** 6/10/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 06/10/25  
 This class aims to equip parents with understanding of sibling rivalry, their role in navigating the sibling relationship, and provide strategies for managing and reducing conflict among siblings. This class will help foster a more peaceful and cooperative family dynamic by teaching conflict resolution skills and promoting positive interactions.
- Class:** VROOM **ClassID:** 3195  
**Location:** Family 2 Family Connection: 3900 Cambridge Street, Ste 107, Las Vegas, NV **# sessions in class:** 1  
**Start Date:** 6/16/2025 **Start Time:** 10:30 AM **End Time:** 11:30 AM **All session dates:** 06/16/25  
 Reinforces the knowledge of early brain development, teaches how to turn everyday moments into brain building moments, and encourages participants to have fun while trying some Vroom Tips. Each activity session is designed for children ages 1-5 years old.



**Class:** I'm Ready for K: Physical Development & Health **ClassID:** 3194

**Location:** Alexander Library: 1755 W. Alexander Rd, North Las Vegas, NV **# sessions in class:** 1

**Start Date:** 6/17/2025 **Start Time:** 11:00 AM **End Time:** 12:00 PM **All session dates:** 06/17/25

Parent engagement activity sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness, while providing an opportunity for positive parent-child interaction and strengthening the parent-child relationship.

**Class:** The Impact of Media on Children and Teens **ClassID:** 3234

**Location:** LIVE ONLINE WEBINAR **# sessions in class:** 1

**Start Date:** 6/17/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 06/17/25

In this class, we will discuss the benefits and risks of social media and screens in your children's life. We will also discuss suggestions for internet use, social media's impact on mental health, communication issues, and overall brain development.

**Class:** Cultural Competency and Parenting **ClassID:** 3236

**Location:** LIVE ONLINE WEBINAR **# sessions in class:** 1

**Start Date:** 6/23/2025 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 06/23/25

In this class, parents and caregivers will explore topics such as social identity, unconscious bias, subtle behaviors, and promoting inclusivity, to help children understand social norms in today's society. (This is a 2-hour program.)

**Class:** Cribs for Kids **ClassID:** 3196

**Location:** The Cabinet: Decatur Office: 5905 South Decatur Blvd, Ste 13, Las Vegas NV **# sessions in class:** 1

**Start Date:** 6/24/2025 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 06/24/25

A 1.5-hour parenting class on the importance of understanding safe sleep practices to reduce the risk of Sudden Unexpected Infant Deaths (SUID) which includes SIDS and preventable deaths, like suffocation and strangulation, in bed.



# Class Guidelines & Important Information

## Class Attendance

- Due to the demand for many of our classes, parents will only be allowed to sign up for the same class twice in any 12-month period.
- Please be aware of class start dates and times, and arrive to your scheduled class on time.
- Participants who are 15 minutes late or more for the scheduled class will not be admitted into the class. Participants who leave on a break and do not return will not receive attendance credit for the class.
- Please silence all phones and/or other electronic devices when entering into the classroom.
- Only registered participants are permitted in the building during class hours. All other individuals remaining will be asked to leave.
- Classes are for adults only (except PATMA , Managing Stress with Yoga and Meditation, and Active Parenting with Your Teen).
- Childcare is not provided during class times. Due to safety and liability reasons, please do not bring your children with you to class (except children being breastfed).

## Certificates & Records of Attendance

- Attendance is required every night in order to receive a certificate. Series courses that have four or more class dates may allow for ONE class absence and still issue a certificate for the course. Any exceptions will be noted. Participants may request an attendance report if they need proof of attendance.
- If you register for a class and then cannot attend, please contact us immediately to cancel. Most of our classes fill up quickly. Notifying us that you cannot make it will reserve your spot for another parent or guardian who needs to attend the class.

## Cancellations

- Classes may be cancelled due to weather conditions, poor class attendance (e.g., less than 5 participants preregister for the class; less than 5 participants attend the class), or other unforeseen circumstances. Efforts will be made to contact participants prior to a class cancellation. If possible, a cancelled class will be rescheduled.



# Class Locations



## **Reno/Sparks Class Locations:**

**The Children's Cabinet: Reno Office: 1090 S. Rock Blvd, Reno, NV**

**Nevada Strong Start Child Care Services: 961 Matley Lane Suite 110, Reno NV**



## **Las Vegas Class Locations:**

**The Cabinet: Decatur Office: 5905 South Decatur Blvd, Ste 13, Las Vegas NV**

**Alexander Library: 1755 W. Alexander Rd, North Las Vegas, NV**

**Aliante Library: 2400 W. Deer Springs Way, North Las Vegas, NV**

**Anthem Wellness Center: 2348 East Bonanza Rd. Las Vegas, NV**

**Family 2 Family Connection: 3900 Cambridge Street, Ste 107, Las Vegas, NV**

**Stupack Community Center: 251 W. Boston Ave, Las Vegas, NV**



## **Statewide Class Locations:**

**All Statewide Classes are offered online via ZOOM.**

If you have questions about class locations, please contact Elizabeth Roldan  
at 775-856-0100

or email at

[eroldan@childrenscabinet.org](mailto:eroldan@childrenscabinet.org)



Supporting Early Education and Development

# Parenting Classes Offered by Other Agencies

## Community Parenting Classes

### FAMILY RESOURCE CENTERS:

CARSON CITY	775.884.2269
ELKO	775.753.7352
GARDNERVILLE	775.782.8692

### OTHER AGENCIES:

CARSON CITY-MOMS' PROGRAM	775.882.1361
RENO-RENOWN HOSPITAL (Prenatal)	775.853.2229
RENO-SAINT MARY'S HOSPITAL (Prenatal)	775.770.3000
STATEWIDE-NEVADA PEP (Special Needs)	800.216.5188
WCSD PARENT UNIVERSITY (Academic Based Classes Only)	775.789.4685



**CHILDREN IN THE MIDDLE**  
**Cooperative Parenting Class**  
[www.online.divorce-education.com](http://www.online.divorce-education.com)

**PARENTING 24/7**  
[www.parenting247.org](http://www.parenting247.org)

**ZERO TO THREE**  
[www.zerotothree.org](http://www.zerotothree.org)

**UNR COOPERATIVE EXTENSION**  
**JUST IN TIME PARENTING**  
**NEWSLETTER**  
<https://jitp.info/>  
(disponible en Español)

**CHILD CARE AWARE FAMILIES AND**  
**PROGRAMS**  
<https://usa.childcareaware.org/families-programs/>

**VROOM**  
<https://www.vroom.org/>

**ACTIVE PARENTING PUBLISHERS**  
<https://www.activeparenting.com/for-parents/>

**For additional parenting resources**  
**visit: NEVADA 2-1-1**  
<https://www.nevada211.org/family-support-services/>



## Release of Information Form

**READ FIRST:** Before you decide whether or not to let The Children's Cabinet share some of your confidential information through the course of enrollment into parenting classes or class attendance history with another agency or person, staff at The Children's Cabinet or referring agency, we will discuss with you all alternatives and any potential risks and benefits that could result from sharing your confidential information. If you decide you want The Children's Cabinet to release some of your confidential information, you can use this form to choose what is shared, how it is shared, with whom, and for how long.

**I understand (PLEASE INITIAL EACH BOX BELOW):**

- ☐ That I do not have to sign a release form. I do not have to allow The Children's Cabinet to share my information. Signing a release form is completely voluntary.
- ☐ That releasing information about me could give another agency or person information about my location and would confirm that I have been receiving services from The Children's Cabinet.
- ☐ That The Children's Cabinet and I may not be able to control what happens to my information once it has been released to the above person or agency, and that the agency or person getting my information may be required by law or practice to share it with others.
- ☐ The Research Confidentiality Policy – It is the policy of this organization that no identifying data pertaining to individual clients will be released to outside entities for research purposes.

**I understand that this Release is valid when I sign it and that I may withdraw my consent to this Release at any time either in person or in writing.**

I understand that The Children's Cabinet has an obligation to keep my personal information, identifying information, and my records confidential. I also understand that I can choose to allow The Children's Cabinet to release some of my personal information to certain individuals or agencies. I, \_\_\_\_\_, authorize

Please print your first and last name

The Children's Cabinet to share the following specific information with the following:

**(PLEASE INITIAL EACH AND PROVIDE CONTACT NAME(S), IF APPLICABLE)**

_____ Court	_____ Probation Officer
_____ Social Services in another County or State	_____ Washoe County Social Services
_____ Attorney	_____ Other: _____

Information or records to be released and exchanged shall be limited to the following:

- Name, Address, Home & Work phone numbers
- Parenting class complete history of attendance information
- Specific class history of attendance from \_\_\_\_\_ to \_\_\_\_\_
- Copies of class Certificates
- Other \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Witness: \_\_\_\_\_

**Expiration Date\*:** \_\_\_\_\_

*\* Expiration should meet the needs of the client, which is typically no more than 6 months but may be shorter or longer*

**Reaffirmation and Extension (if additional time is necessary to meet the purpose of this release)**

I confirm that this release is still valid, and I would like to extend the release until \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Witness: \_\_\_\_\_



# Parent Education Opportunities • Registration Form



4/1/2025 through 6/30/2025

Please answer the following questions about yourself. This information is confidential and will be used for grant reporting purposes only.

Last Update 3/21/2025

## Step 1: Class Guidelines & Important Information

A. You must read and understand the Class Guidelines & Important Information Sheet. Please initial that you have done so: \_\_\_\_\_

## Step 2: Fill out a separate form for each attendee including other family members. Fill out this form completely.

Name: \_\_\_\_\_ Referred By: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ City / State / Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Preferred Contact: ☐ Email ☐ Phone ☐ Mail

Gender: ☐ M ☐ F Do you have a diagnosed Special Need?: ☐ Yes ☐ No Number of Children: \_\_\_\_ Ages: \_\_\_\_\_

Marital Status: ☐ Single, never married ☐ Married ☐ Separate ☐ Divorced ☐ Unmarried, living together ☐ Widowed

Race: ☐ African America ☐ Asian ☐ Pacific Island ☐ Native America ☐ White ☐ Multi-Racial ☐ Other Ethnicity: ☐ Hispanic / Latin

Monthly Gross Income (before taxes) ☐ \$0-\$500 ☐ \$501-\$1000 ☐ \$1001-\$2000 ☐ \$2001-\$3000 ☐ \$3001-\$4000 ☐ \$4000+ ☐ Declined

Step 3: Check the class box below	# in series	ID	Step 4: Verify dates of class	Step 5: Select if ordered by
<input type="checkbox"/> The Parent's Toolbox	1	3224	04/01/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cooperative Parenting after Divorce and Separation	4	3245	04/08/25; 04/15/25; 04/22/25; 04/29/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Nurturing Minds, Shaping Identities: Vroom's Early Brain & Identi	1	3241	04/17/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Vroom's Brain Building Basics Made Simple: Everyday Strategie	1	3229	05/08/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Circle of Security Parenting	8	3248	05/12/25; 05/19/25; 06/02/25; 06/09/25; 06/16/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Active Parenting First Five Years: You and Your Child	1	3226	05/13/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cribs for Kids	1	3242	05/15/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Active Parenting First Five Years: Preventing Problems from Esc	1	3228	05/20/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Active Parenting First Five Years: Encouraging Positive Behavio	1	3231	05/27/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Parent Education Summit	6	3244	06/07/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Positive Solutions for Families #5: Teach Me What to Do!	1	3235	06/09/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____

Step 3: Check the class box below	# in series	ID	Step 4: Verify dates of class	Step 5: Select if ordered by
<input type="checkbox"/> I'm Ready for K: Social Studies & Social Emotional	1	3109	04/01/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cunas Para Niños	1	3205	04/01/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cribs for Kids	1	3167	04/03/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Creative Expression	1	3110	04/08/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Physical Development & Health	1	3111	04/15/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Science	1	3209	04/17/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Math	1	3169	04/21/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cunas Para Niños	1	3206	04/25/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Science	1	3170	04/28/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> VROOM	1	3179	04/29/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Language & Literacy	1	3171	05/05/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Math	1	3189	05/06/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cunas Para Niños	1	3207	05/06/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Social Studies & Social Emotional	1	3172	05/12/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Science	1	3190	05/13/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cribs for Kids	1	3181	05/15/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> VROOM	1	3182	05/16/25	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____

<input type="checkbox"/> I'm Ready for K: Creative Expression	1	3173	05/19/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Language & Literacy	1	3191	05/20/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Physical Development & Health	1	3174	06/02/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Social Studis & Social Emotional	1	3192	06/03/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Cunas Para Niños	1	3208	06/03/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Cribs for Kids	1	3184	06/05/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Creative Expression	1	3193	06/10/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> VROOM	1	3195	06/16/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K: Physical Development & Health	1	3194	06/17/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Cribs for Kids	1	3196	06/24/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____

Step 3: Check the class box below	# in series	ID	Step 4: Verify dates of class	Step 5: Select if ordered by		
<input type="checkbox"/> Cognitive Development for Intants and Toddlers	1	3225	04/08/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> How to Make Meaningful Family Conections Using Media and T	1	3240	04/15/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Introduction to Autism 1 & 2	2	3227	04/16/25; 04/23/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> The Early Childhood Conversation about LGBTQIA	1	3243	04/28/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Positive Solutions for Families: Behavior has Meaning	1	3230	05/12/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Understanding ADD & ADHD in Children	1	3232	05/14/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Toxic Stress and Child Development	1	3239	05/19/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Active Parenting First Five Years: Stimulating School Readiness	1	3233	06/03/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Making Meaningful Family Connections Using Media and Techn	1	3220	06/05/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Cómo Usar los Medios y la Tecnología para Reforzar los Lazos	1	3221	06/10/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Understanding Sibling Rivalry	1	3237	06/10/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> The Impact of Media on Children and Teens	1	3234	06/17/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Cultural Competency and Parenting	1	3236	06/23/25	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____

**Step 6: Contact Elizabeth Roldan (unless otherwise noted) by mail, phone or fax to register.**

**Mail:** The Children's Cabinet • 1090 South Rock Boulevard • Reno, NV 89502  
**Fax:** 775-856-6208    **Main Office:** 775-856-6200    **Direct Line:** 775-856-0100