

# Parent Education Opportunities

1/1/2026 through 3/31/2026



Parenting support classes and workshops help families build and maintain healthy relationships, as well as promote a better future for your child. The Children's Cabinet offers these classes at no cost to families. Spanish classes are also available. Classes are for adults unless otherwise stated. PLEASE NOTE: Workshop dates, times, and locations are subject to change. Participants will be notified if changes are made.

## January 2026

**Class:** Active Parenting First Five Years: You and Your Child **ClassID:** 3551

**Location:** The Children's Cabinet-1090 S. Rock Blvd. Reno, NV 89502 **# sessions in class:** 1

**Start Date:** 1/6/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 01/06/26

The first five years of a child's life are critical to their development. There are many influences on a child's development, but the first and most fundamental is the child's parent or caregiver. During Active Parenting: First Five Years, we will explore the various stages of child development from birth to age 5, styles of parenting and help parents and caregivers understand the importance of building a parent/child bond, play and self-care.

**Class:** Cunas para Niños **ClassID:** 3568

**Location:** 5905 S. Decatur Blvd, Suite 13, Las Vegas NV 89118 **# sessions in class:** 1

**Start Date:** 1/6/2026 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 01/06/26

Mamás embarazadas con al menos 6 meses de embarazo o con un hijo menor de 6 meses. Esto también incluye a los cuidadores que obtienen la custodia de un niño menor de 6 meses. ¡Padres primerizos! ¡Padres solteros! ¡Mamás o papás! ¡Abuelos! (obteniendo la custodia) Educación para un sueño seguro: Una clase de 1 hora para padres sobre la importancia de practicar hábitos de sueño seguro para reducir el riesgo de muerte súbita infantil (SUID), que incluye el SMSL y muertes prevenibles como asfixia y estrangulación en la cama.

**Class:** I'm Ready for K **ClassID:** 3564

**Location:** Family 2 Family Connection- 3900 Cambridge St 107, Las Vegas, NV 89119 **# sessions in class:** 1

**Start Date:** 1/7/2026 **Start Time:** 10:30 AM **End Time:** 12:00 PM **All session dates:** 01/07/26

I'm Ready for K Sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness.

**Class:** Baby Care **ClassID:** 3563

**Location:** LIVE ONLINE WEBINAR- ZOOM **# sessions in class:** 1

**Start Date:** 1/8/2026 **Start Time:** 10:30 AM **End Time:** 12:00 PM **All session dates:** 01/08/26

Baby Care is a warm, interactive class for first-time moms and any welcoming a new baby. Learn the essentials of newborn care—bathing, feeding, soothing colic, early milestones, and more. We'll also talk about postpartum wellness and share helpful community resources. Every family receives a free welcome baby gift just for attending. Join us to feel confident, supported, and ready for your baby's first months!

**Class:** Promoting Language and Literacy **ClassID:** 3545

**Location:** LIVE ONLINE WEBINAR – ZOOM **# sessions in class:** 1

**Start Date:** 1/12/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 01/12/26

Parents will learn how to promote their child's vocabulary growth through conversation, read to their children, and understand the basic sentence structure. Recognize letters and their sounds and the ability to identify print in everyday life. Engage in interactive storytelling. Foster phonological awareness through rhyming and sound play. Encourage early writing skills through drawing and scribbling.

**Class:** Active Parenting First Five Years: Preventing Problems from Escalating **ClassID:** 3552

**Location:** The Children's Cabinet-1090 S. Rock Blvd. Reno, NV 89502 **# sessions in class:** 1

**Start Date:** 1/13/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 01/13/26

In this class, parents/caregivers will start to understand basic brain development in early childhood. They will learn how to identify ways of preventing accidents and problems. They will also learn the difference between discipline and punishment and understand the importance of routines and expressing affection to children. (2-hour program)

**Class:** Active Parenting First Five Years: Encouraging Positive Behavior **ClassID:** 3554

**Location:** LIVE ONLINE WEBINAR – ZOOM **# sessions in class:** 1

**Start Date:** 1/20/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 01/20/26

Caregivers often need reassurance whenever correcting a young child's misbehavior. In Active Parenting: The First Five Years, we explore ways to enhance your skills by providing activities supporting positive discipline techniques (e.g., giving simple choices, following through with logical consequences, and offering forgiveness). (2-hour program)

**Class:** I'm Ready For K **ClassID:** 3573

**Location:** Family 2 Family Connection-3900 Cambridge St 107, Las Vegas, NV 89119 **# sessions in class:** 1

**Start Date:** 1/21/2026 **Start Time:** 10:30 AM **End Time:** 12:00 PM **All session dates:** 01/21/26

I'm Ready for K Sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness.

**Class:** Positive Behavior Supports for Parents **ClassID:** 3609

**Location:** The Children's Cabinet-1090 S.Rock Blvd. Reno, NV 89502 **# sessions in class:** 1

**Start Date:** 1/21/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 01/21/26

Discover how to speak your child's love language to strengthen your connection and support their emotional needs. Based on the bestselling framework by Dr. Gary Chapman, this class helps parents identify their child's primary love language and apply it in everyday interactions. Learn practical ways to express love in the way your child understands best, fostering trust, respect, and resilience.

**Class:** Cribs for Kids **ClassID:** 3606

**Location:** Nevada Strong Start Child Care Services Center: 961 Matley Lane Suite 110 **# sessions in class:** 1

**Start Date:** 1/26/2026 **Start Time:** 5:00 PM **End Time:** 6:00 PM **All session dates:** 01/26/26

A one-hour parenting class on the importance of understanding safe sleep practices to reduce the risk of Sudden Unexpected Infant Deaths (SUID) which include SIDS and preventable deaths, like suffocation and strangulation, in bed

**Class:** Active Parenting First Five Years Presents: Stimulating School Readiness **ClassID:** 3555

**Location:** The Children's Cabinet-1090 S. Rock Blvd. Reno, NV 89502 **# sessions in class:** 1

**Start Date:** 1/27/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 01/27/26

Derived from the critically acclaimed program Active Parenting: The First Five Years, we will discuss and provide activities to prepare your young child for both preschool and kindergarten. We will also encourage the importance of limiting screen time, building social skills, stimulating independence, and co-reading together. (2-hour program)

**Class:** Behavior Has Meaning **ClassID:** 3565

**Location:** LIVE ONLINE WEBINAR- ZOOM **# sessions in class:** 1

**Start Date:** 1/29/2026 **Start Time:** 6:00 PM **End Time:** 7:30 PM **All session dates:** 01/26/26

Behavior Has Meaning, from the Positive Solutions for Families sessions, is designed to help parents promote their children's social and emotional skills, understand their challenging behaviors, and to use positive approaches to help children learn appropriate behaviors. Each session will provide parents with general information on key strategies that may be used with all children.

**Class:** Cunas Para Niños **ClassID:** 3602  
**Location:** Anthem Wellness Center, 2348 E. Bonanza Rd. Las Vegas, NV 89101 **# sessions in class:** 1  
**Start Date:** 1/30/2026 **Start Time:** 12:00 PM **End Time:** 1:30 PM **All session dates:** 01/30/26  
¡Dale a tu bebé el comienzo más seguro en la vida! Únete a la clase de Cunas para Niños de 1.5 horas para aprender las prácticas más importantes que reducen el riesgo de Muerte Súbita Inesperada del Lactante (SUID). Invitamos a futuros padres y cuidadores de bebés menores de 6 meses. ¡No te la pierdas!

## February 2026

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**Class:** Empowering Parents: Preventing Child Abuse **ClassID:** 3561  
**Location:** LIVE ONLINE WEBINAR – ZOOM **# sessions in class:** 1  
**Start Date:** 2/2/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 02/02/26  
These classes generally focus on equipping parents with tools to create a safe and nurturing environment. They often cover topics such as, positive discipline techniques

**Class:** Cognitive Development of Infants and Toddlers **ClassID:** 3556  
**Location:** LIVE ONLINE WEBINAR – ZOOM **# sessions in class:** 1  
**Start Date:** 2/3/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 02/03/26  
Cognitive Development is the process in which our brains develop over time. During the first 3 years of life, the brain goes through rapid growth and change. In this class we will talk about how a baby's brain develops from womb until the age of 3 and beyond. As the caregiver, you can be an active part of your child's brain development and will learn strategies to do so. (This is a 2-hour program intended for those parenting children ages 0-3 years.)

**Class:** Cribs for Kids **ClassID:** 3570  
**Location:** 5905 S. Decatur Blvd, Suite 13, Las Vegas, NV 89118 **# sessions in class:** 1  
**Start Date:** 2/3/2026 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 02/03/26  
Give your baby the safest start in life! Join 1.5-hour Cribs for Kids class to learn the most important practices that reduce the risk of Sudden Unexpected Infant Dead (SUID). We welcome expecting parents and caregivers of babies under 6 months. Don't miss it!

**Class:** Baby Care **ClassID:** 3571  
**Location:** 5905 S. Decatur Blvd, Suite 13, Las Vegas, NV 89118 **# sessions in class:** 1  
**Start Date:** 2/3/2026 **Start Time:** 11:30 AM **End Time:** 1:00 PM **All session dates:** 02/03/26  
Baby Care is a warm, interactive class for first-time moms and any welcoming a new baby. Learn the essentials of newborn care—bathing, feeding, soothing colic, early milestones, and more. We'll also talk about postpartum wellness and share helpful community resources. Every family receives a free welcome baby gift just for attending. Join us to feel confident, supported, and ready for your baby's first months!

**Class:** I'm Ready for K **ClassID:** 3577  
**Location:** Family 2 Family Connection-3900 Cambridge St 107, Las Vegas, NV 89119 **# sessions in class:** 1  
**Start Date:** 2/4/2026 **Start Time:** 10:30 AM **End Time:** 12:00 PM **All session dates:** 02/04/26  
I'm Ready for K Sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness.

- Class:** **Vroom: Brain Building Basics** **ClassID: 3541**  
**Location:** Nevada Strong Start Child Care Services Center: 961 Matley Lane Suite 110 **# sessions in class:** 1  
**Start Date:** 2/5/2026 **Start Time:** 5:30 PM **End Time:** 7:00 PM **All session dates:** 02/05/26  
 Boost your child's brainpower with simple, everyday moments! This class introduces parents and caregivers to Vroom's Brain Building Basics - easy, science-backed strategies you can use at home to support healthy brain development in young children.
- Class:** **Promoting Mathematical Concepts In Young Children** **ClassID: 3546**  
**Location:** LIVE ONLINE WEBINAR – ZOOM **# sessions in class:** 1  
**Start Date:** 2/9/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 02/09/26  
 Demonstrate knowledge of numbers, numerals and quantity. Demonstrate the ability to analyze and create patterns and early mathematical problem solving skills. Demonstrate the ability to measure and compare by size and volume. Analyze and compare common shapes and use knowledge of position in space.
- Class:** **The 5 Love Languages of Parenting** **ClassID: 3557**  
**Location:** The Children's Cabinet-1090 S. Rock Blvd. Reno, NV 89502 **# sessions in class:** 1  
**Start Date:** 2/10/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 02/10/26  
 Discover how to speak your child's love language to strengthen your connection and support their emotional needs. Based on the bestselling framework by Dr. Gary Chapman, this class helps parents identify their child's primary love language and apply it in everyday interactions. Learn practical ways to express love in the way your child understands best, fostering trust, respect, and resilience.
- Class:** **I'm Ready for K - Spanish** **ClassID: 3576**  
**Location:** 250 N Eastern Ave, Las Vegas, NV 89101 **# sessions in class:** 1  
**Start Date:** 2/10/2026 **Start Time:** 4:30 PM **End Time:** 6:00 PM **All session dates:** 02/10/26  
 I'm ready for K Sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness.
- Class:** **I'm Ready for K** **ClassID: 3603**  
**Location:** Anthem Wellness Center, 2348 E. Bonanza Rd, Las Vegas, NV 89101 **# sessions in class:** 1  
**Start Date:** 2/11/2026 **Start Time:** 10:30 AM **End Time:** 12:00 PM **All session dates:** 02/11/26  
 Prepare your child for a successful start! Designed for children ages 3-5 years old, this class teaches social and academic skills, helping your child develop confidence, curiosity, and readiness for kindergarten.
- Class:** **The Power of Routines** **ClassID: 3566**  
**Location:** LIVE ONLINE WEBINAR- ZOOM **# sessions in class:** 1  
**Start Date:** 2/12/2026 **Start Time:** 6:00 PM **End Time:** 7:30 PM **All session dates:** 02/12/26  
 The Power of Routines, from the Positive Solutions for Families sessions, is designed to help parents promote their children's social and emotional skills, understand their challenging behaviors, and to use positive approaches to help children learn appropriate behaviors. Each session will provide parents with general information on key strategies that may be used with all children.
- Class:** **The Impact of Media on Child Development** **ClassID: 3558**  
**Location:** LIVE ONLINE WEBINAR – ZOOM **# sessions in class:** 1  
**Start Date:** 2/17/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 02/17/26  
 How today's media affects the cognitive development in children and teenagers.

- Class:** **I'm Ready for K - Spanish** **ClassID:** **3578**  
**Location:** 250 N Eastern Ave, Las Vegas, NV 89101 **# sessions in class:** 1  
**Start Date:** 2/17/2026 **Start Time:** 4:30 PM **End Time:** 6:00 PM **All session dates:** 02/17/26  
 I'm Ready for K Sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness.
- Class:** **I'm Ready For K** **ClassID:** **3579**  
**Location:** Family 2 Family Connection- 3900 Cambridge St 107, Las Vegas, NV 89119 **# sessions in class:** 1  
**Start Date:** 2/18/2026 **Start Time:** 10:30 AM **End Time:** 12:00 PM **All session dates:** 02/18/26  
 I'm Ready for K Sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness.
- Class:** **I'm Ready for K** **ClassID:** **3604**  
**Location:** Anthem Wellness Center, 2348 E. Bonanza Rd, Las Vegas, NV 89101 **# sessions in class:** 1  
**Start Date:** 2/18/2026 **Start Time:** 10:30 AM **End Time:** 12:00 PM **All session dates:** 02/18/26  
 Prepare your child for a successful start! Designed for children ages 3-5 years old, this class teaches social and academic skills, helping your child develop confidence, curiosity, and readiness for kindergarten.
- Class:** **Promoting Creative Expression** **ClassID:** **3548**  
**Location:** The Children's Cabinet-1090 S. Rock Blvd. Reno, NV 89502 **# sessions in class:** 1  
**Start Date:** 2/23/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 02/23/26  
 Parents will learn how to promote an appreciation for and knowledge of different types of artistic, expression, creation, and experiences in your child. Foster an appreciation for artistic expression in your child. Encourage children to participate and express themselves through a variety of creative and artistic experiences. Have children incorporate creative arts as part of other learning activities.
- Class:** **Cribs for Kids** **ClassID:** **3607**  
**Location:** Nevada Strong Start Child Care Services Center: 961 Matley Lane Suite 110 **# sessions in class:** 1  
**Start Date:** 2/23/2026 **Start Time:** 5:00 PM **End Time:** 6:00 PM **All session dates:** 02/23/26  
 A one-hour parenting class on the importance of understanding safe sleep practices to reduce the risk of Sudden Unexpected Infant Deaths (SUID) which include SIDS and preventable deaths, like suffocation and strangulation, in bed
- Class:** **From Sibling Squabbles to Strong Bond-Understanding Sibling Rivalry** **ClassID:** **3559**  
**Location:** LIVE ONLINE WEBINAR – ZOOM **# sessions in class:** 1  
**Start Date:** 2/24/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 02/24/26  
 This class aims to equip parents with understanding of sibling rivalry, their role in navigating siblings' relationships, and provide strategies for managing and reducing conflict among siblings. This class will foster a more peaceful and cooperative family dynamic by teaching conflict resolution skills and promoting positive interactions.



## March 2026

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**Class:** Active Parenting for Stepfamilies **ClassID:** 3560

**Location:** The Children's Cabinet-1090 S. Rock Blvd. Reno, NV 89502 **# sessions in class:** 4

**Start Date:** 3/3/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 03/03/26; 03/10/26; 03/17/26; 03/24/26

Active Parenting for Stepfamilies is a program for both parents and stepparents. It demonstrates skills for raising children in the unique blended family environment, along with powerful communication and negotiation skills to strengthen marriage and family. The program covers topics that are unique to stepfamilies: the stepparent's role, emotional baggage, differences in values, discipline, power struggles, and celebrating your blended family's achievements. This is an 8-hour program, 4 two- hour sessions.

**Class:** Cunas Para Niños **ClassID:** 3569

**Location:** 5905 S. Decatur Blvd, Suite 13, Las Vegas, NV 89118 **# sessions in class:** 1

**Start Date:** 3/3/2026 **Start Time:** 10:00 AM **End Time:** 11:30 AM **All session dates:** 03/03/26

Mamás embarazadas con al menos 6 meses de embarazo o con un hijo menor de 6 meses. Esto también incluye a los cuidadores que obtienen la custodia de un niño menor de 6 meses. ¡Padres primerizos! ¡Padres solteros! ¡Mamás o papás! ¡Abuelos! (obteniendo la custodia) Educación para un sueño seguro: Una clase de 1 hora para padres sobre la importancia de practicar hábitos de sueño seguro para reducir el riesgo de muerte súbita infantil (SUID), que incluye el SMSL y muertes prevenibles como asfixia y estrangulación en la cama.

**Class:** I'm Ready for K **ClassID:** 3580

**Location:** Family 2 Family Connection- 3900 Cambridge St 107, Las Vegas, NV 89119 **# sessions in class:** 1

**Start Date:** 3/4/2026 **Start Time:** 10:30 AM **End Time:** 12:00 PM **All session dates:** 03/04/26

I'm Ready for K Sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness.

**Class:** Promoting Emotional Literacy In Young Children **ClassID:** 3549

**Location:** LIVE ONLINE WEBINAR – ZOOM **# sessions in class:** 1

**Start Date:** 3/9/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 03/09/26

Parent will learn how to support and promote children's self-confidence and self-direction. Encourage children to express and identify their feelings. Give children the skills to persevere and maintain their focus. Develop positive relationships with individuals and their community.

**Class:** Teach Me What To Do **ClassID:** 3567

**Location:** LIVE ONLINE WEBINAR- ZOOM **# sessions in class:** 1

**Start Date:** 3/12/2026 **Start Time:** 6:00 PM **End Time:** 7:30 PM **All session dates:** 03/12/26

Teach Me What To Do, from the Positive Solutions for Families sessions, is designed to help parents promote their children's social and emotional skills, understand their challenging behaviors, and to use positive approaches to help children learn appropriate behaviors. Each session will provide parents with general information on key strategies that may be used with all children.

**Class:** Toxic Stress and Child Development (all ages) **ClassID:** 3562

**Location:** LIVE ONLINE WEBINAR-ZOOM **# sessions in class:** 1

**Start Date:** 3/16/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 03/16/26

A child's earliest years are the most crucial for brain development. However, daily stressful environments can negatively affect their emotional, social, and physical development. This workshop shows how stress can affect brain development, while helping you identify children who might be unsafe, and the steps taken when suspicion arises. (2-hour program)

**Class:** **Vroom: Brain Building with Toddlers** **ClassID:** **3542**

**Location:** Nevada Strong Start Child Care Services Center: 961 Matley Lane Suite 110 **# sessions in class:** 1

**Start Date:** 3/18/2026 **Start Time:** 6:00 PM **End Time:** 7:30 PM **All session dates:** 03/18/26

The toddler years are full of big leaps and big feelings. In this class, parents and caregivers will learn how toddlers' brains develop, discover Vroom tips tailored to this unique stage, and gain simple, effective ways to support learning and connection every day.

**Class:** **Promoting Language and Literacy** **ClassID:** **3550**

**Location:** The Children's Cabinet-1090 S.Rock Blvd. Reno, NV 89502 **# sessions in class:** 1

**Start Date:** 3/23/2026 **Start Time:** 6:00 PM **End Time:** 8:00 PM **All session dates:** 03/23/26

Parents will learn how to promote their child's vocabulary growth through conversation and read to their children. Understand the basic sentence structure. Recognize letters and their sounds, and the ability to identify print in everyday life. Engage in interactive storytelling. Foster phonological awareness through rhyming and sound play. Encourage early writing skills through drawing and scribbling.

**Class:** **Cribs for Kids** **ClassID:** **3608**

**Location:** Nevada Strong Start Child Care Services Center: 961 Matley Lane Suite 110 **# sessions in class:** 1

**Start Date:** 3/23/2026 **Start Time:** 5:00 PM **End Time:** 6:00 PM **All session dates:** 03/23/26

A one-hour parenting class on the importance of understanding safe sleep practices to reduce the risk of Sudden Unexpected Infant Deaths (SUID) which include SIDS and preventable deaths, like suffocation and strangulation, in bed

**Class:** **I'm Ready for K** **ClassID:** **3582**

**Location:** Family 2 Family Connection- 3900 Cambridge St 107, Las Vegas, NV 89119 **# sessions in class:** 1

**Start Date:** 3/25/2026 **Start Time:** 10:30 AM **End Time:** 12:00 PM **All session dates:** 03/25/26

I'm Ready for K Sessions are designed for children ages 3-5 years old with the primary aim of teaching social emotional and academic skills needed for pre-k and kindergarten readiness.



# Class Guidelines & Important Information

## Class Attendance

- Due to the demand for many of our classes, parents will only be allowed to sign up for the same class twice in any 12-month period.
- Please be aware of class start dates and times, and arrive to your scheduled class on time.
- Participants who are 15 minutes late or more for the scheduled class will not be admitted into the class. Participants who leave on a break and do not return will not receive attendance credit for the class.
- Please silence all phones and/or other electronic devices when entering into the classroom.
- Only registered participants are permitted in the building during class hours. All other individuals remaining will be asked to leave.
- Classes are for adults only (except PATMA , Managing Stress with Yoga and Meditation, and Active Parenting with Your Teen).
- Childcare is not provided during class times. Due to safety and liability reasons, please do not bring your children with you to class (except children being breastfed).

## Certificates & Records of Attendance

- Attendance is required every night in order to receive a certificate. Series courses that have four or more class dates may allow for ONE class absence and still issue a certificate for the course. Any exceptions will be noted. Participants may request an attendance report if they need proof of attendance.
- If you register for a class and then cannot attend, please contact us immediately to cancel. Most of our classes fill up quickly. Notifying us that you cannot make it will reserve your spot for another parent or guardian who needs to attend the class.

## Cancellations

- Classes may be cancelled due to weather conditions, poor class attendance (e.g., less than 5 participants preregister for the class; less than 5 participants attend the class), or other unforeseen circumstances. Efforts will be made to contact participants prior to a class cancellation. If possible, a cancelled class will be rescheduled.





# Class Locations



## **Reno/Sparks Class Locations:**

**The Children's Cabinet: Reno Office: 1090 S. Rock Blvd, Reno, NV**

**Nevada Strong Start Child Care Services: 961 Matley Lane Suite 110, Reno, NV**

**The Children's Cabinet: Sinclair Office: 777 Sinclair Street, Reno, NV**



## **Las Vegas Class Locations:**

**The Cabinet: Decatur Office: 5905 South Decatur Blvd, Ste 13, Las Vegas NV**

**Alexander Library: 1755 W. Alexander Rd, North Las Vegas, NV**

**Aliante Library: 2400 W. Deer Springs Way, North Las Vegas, NV**

**Anthem Wellness Center: 2348 East Bonanza Rd. Las Vegas, NV**

**CCSD Family Support Center: 1720 S. Maryland Pkwy, Las Vegas, NV 89109**

**Dolores Huerta Resource Center: 1737 Hunkins Dr, North Las Vegas, NV 89030**

**Family 2 Family Connection: 3900 Cambridge Street, Ste 107, Las Vegas, NV**

**Stupack Community Center: 251 W. Boston Ave, Las Vegas, NV**



## **Statewide Class Locations:**

**All Statewide Classes are offered online via ZOOM.**

If you have questions about class locations, please contact Gladiz Diaz at  
775-856-0100

or email at

[gdiaz@childrencabinet.org](mailto:gdiaz@childrencabinet.org)



Supporting Early Education and Development

# Parenting Classes Offered by Other Agencies

## Community Parenting Classes

### FAMILY RESOURCE CENTERS:

CARSON CITY	775.884.2269
ELKO	775.753.7352
GARDNERVILLE	775.782.8692

### OTHER AGENCIES:

CARSON CITY-MOMS' PROGRAM	775.882.1361
RENO-RENOWN HOSPITAL (Prenatal)	775.853.2229
RENO-SAINT MARY'S HOSPITAL (Prenatal)	775.770.3000
STATEWIDE-NEVADA PEP (Special Needs)	800.216.5188
WCSD PARENT UNIVERSITY (Academic Based Classes Only)	775.789.4685



**CHILDREN IN THE MIDDLE**  
**Cooperative Parenting Class**  
[www.online.divorce-education.com](http://www.online.divorce-education.com)

**PARENTING 24/7**  
[www.parenting247.org](http://www.parenting247.org)

**ZERO TO THREE**  
[www.zerotothree.org](http://www.zerotothree.org)

**UNR COOPERATIVE EXTENSION**  
**JUST IN TIME PARENTING**  
**NEWSLETTER**  
<https://jitp.info/>  
(disponible en Español)

**CHILD CARE AWARE FAMILIES AND**  
**PROGRAMS**  
<https://usa.childcareaware.org/families-programs/>

**VROOM**  
<https://www.vroom.org/>

**ACTIVE PARENTING PUBLISHERS**  
<https://www.activeparenting.com/for-parents/>

**For additional parenting resources**  
**visit: NEVADA 2-1-1**  
<https://www.nevada211.org/family-support-services/>



## Release of Information Form

**READ FIRST:** Before you decide whether or not to let The Children's Cabinet share some of your confidential information through the course of enrollment into parenting classes or class attendance history with another agency or person, staff at The Children's Cabinet or referring agency, we will discuss with you all alternatives and any potential risks and benefits that could result from sharing your confidential information. If you decide you want The Children's Cabinet to release some of your confidential information, you can use this form to choose what is shared, how it's shared, with whom, and for how long.

### I understand:

- ☐ That I do not have to sign a release form. I do not have to allow The Children's Cabinet to share my information. Signing a release form is completely voluntary.
- ☐ That releasing information about me could give another agency or person information about my location and would confirm that I have been receiving services from The Children's Cabinet.
- ☐ That The Children's Cabinet and I may not be able to control what happens to my information once it has been released to the above person or agency, and that the agency or person getting my information may be required by law or practice to share it with others.
- ☐ The Research Confidentiality Policy – It is the policy of this organization that no identifying data pertaining to individual clients will be released to outside entities for research purposes.

**I understand that this Release is valid when I sign it and that I may withdraw my consent to this Release at any time either in person or in writing.**

I understand that The Children's Cabinet has an obligation to keep my personal information, identifying information, and my records confidential. I also understand that I can choose to allow The Children's Cabinet to release some of my personal information to certain individuals or agencies. I, \_\_\_\_\_, authorize The Children's Cabinet to share the following specific information with the following:

_____ Court	_____ Probation Officer
_____ Social Services in another County or State	_____ Washoe County Social Services
_____ Attorney	_____ Other: _____

Information or records to be released and exchanged shall be limited to the following:

- Name, Address, Home & Work phone numbers
- Parenting class complete history of attendance information
- Specific class history of attendance from \_\_\_\_\_ to \_\_\_\_\_
- Copies of class Certificates
- Other \_\_\_\_\_

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Witness:** \_\_\_\_\_

**Expiration Date\*:** \_\_\_\_\_

*\* Expiration should meet the needs of the client, which is typically no more than 6 months but may be shorter or longer*

### Reaffirmation and Extension (if additional time is necessary to meet the purpose of this release)

I confirm that this release is still valid, and I would like to extend the release until \_\_\_\_\_

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Witness:** \_\_\_\_\_



# Parent Education Opportunities Registration Form

1/1/2026 through 3/31/2026

Please answer the following questions about yourself. This information is confidential and will be used for grant reporting purposes only.

Last Update 12/15/2025

## Step 1 : Class Guidelines & Important Information

A. You must read and understand the Class Guidelines & Important Information Sheet. Please initial that you have done so: \_\_\_\_\_

## Step 2 : Fill out a separate form for each attendee including other family members. Fill out this form completely.

Name: \_\_\_\_\_ Referred By: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ City / State / Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Preferred Contact: ☐ Email ☐ Phone ☐ Mail

Gender: ☐ M ☐ F Do you have a diagnosed Special Need?: ☐ Yes ☐ No Number of Children: \_\_\_\_ Ages: \_\_\_\_\_

Marital Status: ☐ Single, never married ☐ Married ☐ Separate ☐ Divorced ☐ Unmarried, living together ☐ Widowed

Race: ☐ African America ☐ Asian ☐ Pacific Island ☐ Native America ☐ White ☐ Multi-Racial ☐ Other Ethnicity: ☐ Hispanic / Latin

Monthly Gross Income (before taxes) ☐ \$0-\$500 ☐ \$501-\$1000 ☐ \$1001-\$2000 ☐ \$2001-\$3000 ☐ \$3001-\$4000 ☐ \$4000+ ☐ Declined

Step 3 : Check the class box below	# in series	ID	Step 4 : Verify dates of class	Step 5 Select if ordered by
<input type="checkbox"/> Active Parenting First Five Years: You and Your Child	1	3551	01/06/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Active Parenting First Five Years: Preventing Problems from Esc	1	3552	01/13/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Positive Behavior Supports for Parents	1	3609	01/21/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cribs for Kids	1	3606	01/26/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Active Parenting First Five Years Presents: Stimulating School R	1	3555	01/27/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Vroom: Brain Building Basics	1	3541	02/05/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> The 5 Love Languages of Parenting	1	3557	02/10/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Promoting Creative Expression	1	3548	02/23/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cribs for Kids	1	3607	02/23/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Active Parenting for Stepfamilies	4	3560	03/03/26; 03/10/26; 03/17/26; 03/24/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Vroom: Brain Building with Toddlers	1	3542	03/18/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Promoting Language and Literacy	1	3550	03/23/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cribs for Kids	1	3608	03/23/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____

Step 3 : Check the class box below	# in series	ID	Step 4 : Verify dates of class	Step 5 Select if ordered by
<input type="checkbox"/> Cunas para Niños	1	3568	01/06/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K	1	3564	01/07/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready For K	1	3573	01/21/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Behavior Has Meaning	1	3565	01/26/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cunas Para Niños	1	3602	01/30/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cribs for Kids	1	3570	02/03/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Baby Care	1	3571	02/03/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K	1	3577	02/04/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K - Spanish	1	3576	02/10/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K	1	3603	02/11/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K - Spanish	1	3578	02/17/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready For K	1	3579	02/18/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K	1	3604	02/18/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cunas Para Niños	1	3569	03/03/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K	1	3580	03/04/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____

<input type="checkbox"/> Teach Me What To Do	1	3567	03/12/26	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____
<input type="checkbox"/> I'm Ready for K	1	3582	03/25/26	<input type="checkbox"/> Court	<input type="checkbox"/> CPS	<input type="checkbox"/> Other: _____

Step 3 : Check the class box below	# in series	ID	Step 4 : Verify dates of class	Step 5 : Select if ordered by
<input type="checkbox"/> Baby Care	1	3563	01/08/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Promoting Language and Literacy	1	3545	01/12/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Active Parenting First Five Years: Encouraging Positive Behavior	1	3554	01/20/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Empowering Parents: Preventing Child Abuse	1	3561	02/02/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Cognitive Development of Infants and Toddlers	1	3556	02/03/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Promoting Mathematical Concepts In Young Children	1	3546	02/09/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> The Power of Routines	1	3566	02/12/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> The Impact of Media on Child Development	1	3558	02/17/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> From Sibling Squabbles to Strong Bond-Understanding Sibling Relationships	1	3559	02/24/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Promoting Emotional Literacy In Young Children	1	3549	03/09/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____
<input type="checkbox"/> Toxic Stress and Child Development (all ages)	1	3562	03/16/26	<input type="checkbox"/> Court <input type="checkbox"/> CPS <input type="checkbox"/> Other: _____

**Step 6 : Contact Elizabeth Roldan (unless otherwise noted) by mail, phone or fax to register.**

**Mail:** The Children's Cabinet • 1090 South Rock Boulevard • Reno, NV 89502

**Fax:** 775-856-6208    **Main Office:** 775-856-6200    **Direct Line:** 775-856-0100